

SOCIAL MEDIA SAFETY

A PARENTS GUIDE



FIRST PRINCIPLE

norfolk.police.uk/firstprinciple
suffolk.police.uk/firstprinciple

Top Tips

Apply offline child safety online
Blocking is better than removing
a child's access to friends

Almost 9 out of 10 images
shared by young people go on
to be shared online

When things go wrong, ZIP IT,
FLAG IT, SAVE IT, BLOCK IT

PREVENT CRIME

PROTECT COMMUNITIES



NORFOLK
CONSTABULARY
Our Priority is You



SUFFOLK
CONSTABULARY



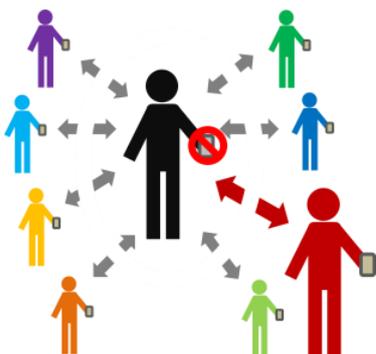
Thankfully, there are things we can do to keep our family secure online, the same way we would do offline. The constant change of today's social media can leave parents and carers playing a never-ending game of catch-up.

Limit Internet access to public areas of the home where possible

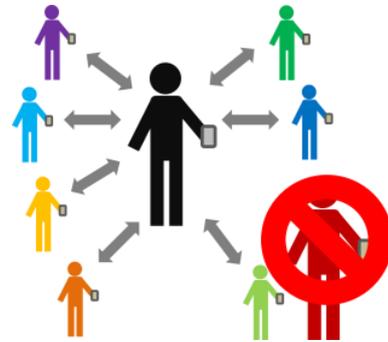
- Check privacy and security settings for all accounts regularly
- Talk about what you're all doing online. Stay involved in your kids' online lives
- Use freely available parental controls / time limits
- Use Social Media Yourself. Find out how it works and what risks exist
- Apply the old 'stranger danger' ideas online

Social Isolation Vs Inclusion

It's easy to react strongly when young people make mistakes online. Unlike the previous generation, kids today need the social aspect of social media. It's how they communicate. We might think we're protecting them by banning them from social media. In fact, we could be making a bad situation even worse.

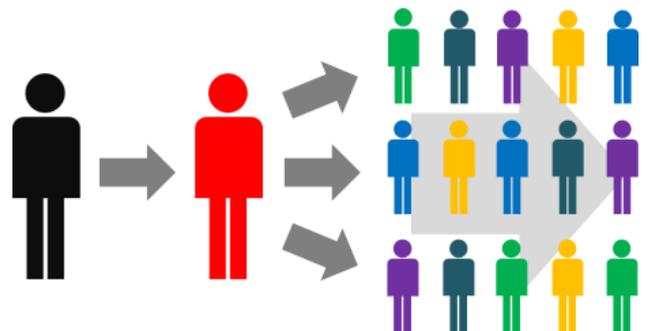


A better solution might be to block the person responsible for causing the problem in the first place. This means your child can still be online and can still be sociable with their friends.



Sharing Images Online

As soon as an image is shared with anyone for any purpose, the creator loses control. In fact, 88% of images shared by young people in Norfolk and Suffolk go on to be shared online.



Knowing the Law

A lot of laws are very easy to break online. Following are some we deal with daily, with regards to Social Media: Malicious Communication is sending offensive or threatening messages to cause distress or fear

Harassment is at least 2 instances of unwanted communication, whether online or offline

Hate Crime is abusing someone based on race, religion, gender, sexual orientation, political views or disability

Indecent Images are any sexual image involving a person under 18 years of age. Making, possession & distribution are all offences

Revenge Porn is the sharing of someone's private sexual images without their consent to cause distress

Sexual Communication with a Child is sending anything of a sexual nature to an under-16



ZIP IT

Keep personal data private and think about what's said and done online.



FLAG IT

Flag up the issue within your community so everyone is aware of the threat.



SAVE IT

Screenshot anything relevant (and the profile sending it) so it can be reported properly



BLOCK IT

Block people who abuse or attempt to abuse online. Report them to the relevant provider.

First Principle: Related links

Check out all of our Crime Prevention information using the following links or by using the QR code to take you to the First Principle Pages Alternatively go to our website at <https://www.suffolk.police.uk/> and look in the 1st Principle A-Z of Crime Prevention.

Allotment Security
Anti-Social Behaviour
ATM Security
Beach Hut Security
Boat Security
Building Site Security
Business Security
Caravan Security
Caravan Storage
Card Security
Catalytic Converters
Church Security
Cold Callers
Commercial CCTV
Counterfeit Banknotes
County Lines Advice
for Landlords
Cyber Crime
Cycle Security
Dangerous Dogs
Dog Fouling
Dog Theft
Domestic CCTV
Domestic Violence
Farm Security
Fraud Prevention
Grooming
Hate Crime

Heating Oil
Home Improvements
Home Security
Home Security for
Tenants
Horses and Stables
Keyless Vehicles
Key Safe Security
Lock Snapping
Mopeds and Scooters
Motorcycle Security
Neighbour Disputes
Occupiers Liability
Personal Security
Power Tool Security
Products Brochure
Rural Crime
Security Alarms
Sheds and Garages
Social Media
Social Media for
Parents
Suspicious Behaviour
Shoplifting
Taxi Driver Safety
Vehicle Security
Windows and Doors



Other Links you might find helpful

Ask the Police
Secured by Design
Sold Secure

Crimestoppers
0800 555 111

Victim Care
0300 303 3705