

Session/Lesson Plan

Programme Title: PST Role Specific Skills		
Session Title: Spit Hoods	Duration of session:	
Trainer: Personal Safety Training Team	Group: Police Officers/Custody Staff	Number of Learners:
Venue: Suffolk PHQ / Norfolk OCC	Date:	Is this an observed session? N/A
Aim(s): To develop Custody Officer & Staff's knowledge & skills in relation to use of the Spit Hood.		
Outcomes / Objectives: At the end of this module students will be able to: <ol style="list-style-type: none"> 1. Identify subject behaviour necessitating application and justification of use. 2. Demonstrate correct application of hood 3. Explain health and safety issues and importance of supervision when applied. 		

Time	Session Content		Resources to be used	Objectives achieved	Methods for monitoring learning/assessment of learning
	Teacher/Trainer Activities	Learner Activities			
0.00mins	<p><u>Gestalt to include:</u></p> <p>M.A.S.L.O.W., Health and Safety issues. Overview of the session to include Aims and Learning Outcomes/ Objectives, Methodology, breaks etc.</p> <p>All practical elements of the training will be taught using the E.D.I.P principle of Explain, Demonstrate, Imitate and Practice.</p> <p>Points of Safety (P.O.S) will be introduced at the beginning of each Drill/Exercise and will be continuously reinforced during the training.</p> <p>Learners will also be reminded to work within the safety parameter of matted area and to avoid moving near to edge or off mats to avoid slips, trips and falls.</p>	Listening and relevant questions.	Attendance Sheet. Lesson Plans. First Aid Equipment, Safety Mats, Laptop, Projector, Projector Screen, PowerPoints, Bob Mannequin, Blitz Dummy.	N/A	Identify learner participation, verbal feedback and observation.

0.05mins	<p><u>Introduction</u></p> <p>Overview of Spit Hoods as replacement in Norfolk for use of ERB as a spit & bite guard and initial training for both Norfolk & Suffolk.</p> <p><u>Description.</u></p> <p>Spithood supplied by www.tactics.uk.com There are a variety of spit hoods available that can be divided into two main types, the Opaque type and the Translucent type.</p> <p>The latter, Translucent type being the one trained today.</p> <p>Advantages:</p> <ul style="list-style-type: none"> • Simple to use. • Lightweight mesh and elastic base. • Fits around neck loosely. • Clear air passage. • Difficult for restrained subject to remove. • Disposable. • Compact. • Inexpensive. • Does NOT affect hearing, breathing or vision. • Can be used on subject standing, sitting or prone. 	Listening, observation, and relevant questions	Safety Mats, Spit Hoods	Objectives 1&3	Identify learner participation, verbal feedback and observation.
----------	---	--	-------------------------	----------------	--

0.15mins	<p>Disadvantages:</p> <ul style="list-style-type: none"> • Cannot be used if subject is bleeding from mouth or nose. • Must be replaced with dry hood if it becomes wet from bodily or other fluids. • Must be removed if subject vomits • Does NOT prevent biting • Once used to be disposed of as biohazard. <p>Justification for use.</p> <p>Subject is spitting, Threatening to spit, Honest held belief they will spit if opportunity arises, Contagious Infection (whereby honest held belief is they will try to infect staff by spitting).</p> <p><u>Application And Health & Safety</u></p> <p>The subject should be secured, ideally with restraints (handcuff/fast straps or ERB) prior to application to prevent falling.</p> <p>If subject standing or sitting the torso should be inclined forwards to allow application and avoid officers face being in the line of the subjects sight.</p> <p>Consider removing spectacles before use if possible.</p>			Objective 1	Objectives 2&3.
----------	--	--	--	-------------	-----------------

	<p>Hood is placed over subjects head from the rear To avoid any spitting or biting.</p> <p>Ensure elastic banding does not interfere with subjects nose or eyes.</p> <p>If hood is not correctly secured it may rise over the face.</p> <p>Ensure breathing is not restricted. (Monitor and reassure subject their breathing should not be affected).</p> <p>Check hood is not causing any undue pressure around the subjects neck.</p> <p>Constant supervision by safety officer required at all times whilst hood is on.</p> <p>All uses of hoods are a use of force and should be accounted for as such on UOF reports.</p> <p>Record any threat to spit. Never use as a punishment. Do not use on subjects with breathing difficulties. Explain why hood is being used. Always inform Custody if hood has been used during restraint.</p> <p>Trainer to demonstrate application on 'Bob' and</p>				
--	--	--	--	--	--

0.20mins	Blitz Dummy. Highlighting position of officer applying to the subjects front offside or nearside.	<p><u>Exercises</u></p> <p>1. Students to practice application in pairs with a handcuffed subject, utilising various control and restraint methods to position subjects torso whilst standing, sitting and prone.</p> <p>2. Then with subject wearing Upper body ERB.</p> <p>3. Repeat above two exercises as multi-officer x3, scenarios.</p>	BOB mannequin and/or Blitz dummy can be utilised here.	Objectives 1,2&3.	
1.00hr	<p><u>Closure</u></p> <p>Outstanding queries addressed and any H&S issues re-iterated.</p>				

